

BICYCLISTS' RESOURCES

Silicon Valley Bicycle Coalition/Peninsula Committee

408/287-7259, www.svcbikes.org

Advocates for safety and accessibility for all utility and recreational cyclists and pedestrians in San Mateo County. Provides information on bicycle riding clubs, retail outlets and repair shops, route maps and more. Also works to improve road conditions and reduce traffic hazards, and hosts events and projects to celebrate bicycling.

511.org

The Bay Area's travel guide Web site includes a Bicycling Info section with links to information on the new BikeQuest mapping tool, bikes on public transit, and bicycle organizations Bay Area-wide. Produced by the Metropolitan Transportation Commission.

C/CAG Bicycle and Pedestrian Advisory Committee

650/599-1406, www.ccag.ca.gov/bpac.html

The committee makes recommendations to C/CAG on bicycle and pedestrian projects to be funded with Transportation Development Act (TDA) funds. Serves as a countywide forum for information on bicycling issues for local bikeways committees.

Peninsula Traffic Congestion Relief Alliance

650/588-8170, www.commute.org

Provides employers, school districts, and cities with bicycle parking incentives and safety workshops.

San Mateo County Bicycle Transportation Maps

www.svcbikes.org/resources/maps

To get a copy of this booklet

Contact the Peninsula Traffic Congestion Relief Alliance at 650/588-8170 or alliance@commute.org.

This booklet was made possible by the the Peninsula Traffic Congestion Relief Alliance with funding provided by the San Mateo County Transportation Authority, and C/CAG of San Mateo County.



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- ▶ Product photographs courtesy of Bell Sports, Kryptonite, Pro-tec, and Winner International
- ▶ Production by Wordspace Press, Chicago (www.wordspacepress.com)

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Why Commute by Bike?

- **Fight pollution:** More than 70 percent of the Bay Area's carbon monoxide comes from motor vehicles.
Bay Area Air Quality Management District emissions inventory
- **Stay fit:** Obesity and overweight is linked to heart disease, diabetes and other chronic conditions. One reason: automobile travel has replaced walking and cycling for all but the shorter distances.
Journal of the American Medical Association, October 1999
- **Avoid traffic delays:** More than 11 percent of Bay Area workers commute two hours per day—one hour in each direction.
Census 2000 Supplemental Survey
- **Save Money:** The average cost per mile for a motor vehicle is 54 cents (15,000 miles/year).* This translates to about \$8,100 per year. A good, average bicycle costs between \$500 and \$1,000. This shows that a bicycle is a veritable cost saver—even after adding \$200 per year for bicycle maintenance.
*American Automobile Association
- **Enjoy your commute:** With its extensive bike path network, comfortable climate, and bicycle-friendly public transportation, the Bay Area is an ideal environment for biking to work and cycling for leisure.

DID YOU KNOW...?

- The Peninsula Traffic Congestion Relief Alliance will pay for 50 percent of the cost of bicycle parking racks and lockers for employers, schools and cities in San Mateo County (maximum of \$500 per unit, while funding is available).
- The Peninsula Traffic Congestion Relief Alliance can provide complimentary bicycle and pedestrian safety workshops for San Mateo County commuters and residents. For more information contact the Alliance at 650/588-8170.

