

FREE BICYCLE SAFETY WORKSHOP FOR YOU!

We want to help you stay in shape and cut down on your commute expenses by offering a Bicycle Safety Workshop at your work site. It's free for you and your employer.

Let us bring to you and your fellow employees a certified bike instructor from the League of American Bicyclists to your work site for a free 1-hour workshop on bicycle safety. Newcomers to biking to work to regular riders come learn or get a refresher on riding their bicycle to work safely.

What can you and your fellow employees expect:

- Convenient and easily accessible location at their work site for a lunch hour presentation
- An interactive bicycle safety presentation where questions and participation are encouraged
- Latest San Mateo County traffic laws for bicyclists
- Tips on riding in traffic safely
- Bicycle maintenance information
- Information for attendees to take away will include bike maps and safety booklets
- Drawing for raffle prizes up to \$50 gift certificates to a local bike shop



It's a simple, effective and free 'green' benefit for you to try! Book your workshop today, contact us at (650) 588-8170 or via email alliance@commute.org.