



Commute.org Working Together to Improve
Your San Mateo County Commute

North Foster City BART & Caltrain Shuttle

MONDAY – FRIDAY SERVICE
EFFECTIVE: March 2, 2009

We would like to thank the following entities for
their financial contributions to the service.

- Applied Biosystems
- Gilead Sciences
- The Bay Area Air Quality Management District
- San Mateo County Transit District
- San Mateo County Transportation Authority—Measure “A” Funds

Managed by:



1150 Bayhill Drive
Suite 107,
San Bruno, CA
94066

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Commute Information Hotline: 5-1-1
Or Online: www.511.org

Shuttle Vendor: PCA
Phone Number: (415) 378-0353
Shuttle Service Info: (650) 588-1600



Revised: February 24, 2009

North Foster City BART & Caltrain Shuttle AM Schedule				
Run Numbers	AM 1	AM 2	AM 3	AM 4
BART ARRIVES MILLBRAE STATION				
Dublin/Pleasanton Fremont Pittsburg/Bay Point Richmond			Transfer to Richmond Train Transfer to Richmond Train Transfer to Richmond Train	
		6:22	7:22	8:22
CALTRAIN ARRIVES MILLBRAE STATION				
Train Numbers	-	305	313	323
Northbound (from SJ)	-	6:24	7:24	8:24
Train Numbers	-	206	312	322
Southbound (from SF)	-	6:29	7:17	8:17
SHUTTLE DEPARTS MILLBRAE STATION				
Shuttle Departs BART Station	-	6:35	7:30	8:30
SHUTTLE ARRIVES AT EMPLOYERS				
300-310 Lakeside Drive	-	6:50	7:45	8:45
353 Lakeside Drive	-	6:52	7:47	8:47
1163 Chess Drive	-	6:56	7:51	8:51
1111-1133 Chess Drive	-	6:57	7:52	8:52
200 Lincoln Centre	-	6:59	7:54	8:54
400 Lincoln Centre	-	7:00	7:55	8:55
4000-4100 E. Third Avenue Bridgepointe Circle & Bridgepointe Parkway	- 6:20	7:02 7:07	7:57 8:02	8:57 -
SHUTTLE ARRIVES MILLBRAE STATION				
Shuttle Arrives BART Station	6:35	7:24	8:19	-
CALTRAIN DEPARTS MILLBRAE STATION				
Train Numbers	309	319	323	-
Northbound (from SJ)	6:45	7:45	8:24	-
Train Numbers	208	218	324	-
Southbound (from SF)	6:48	7:48	8:32	-
BART DEPARTS MILLBRAE STATION				
Dublin/Pleasanton Fremont Pittsburg/Bay Point Richmond	6:48	7:33	8:33	-

North Foster City BART & Caltrain Shuttle PM Schedule				
Run Numbers	PM 1	PM 2	PM 3	PM 4
BART ARRIVES MILLBRAE STATION				
Dublin/Pleasanton Fremont Pittsburg/Bay Point Richmond			Transfer to Richmond Train Transfer to Richmond Train Transfer to Richmond Train	
		4:22	5:07	6:07
CALTRAIN ARRIVES MILLBRAE STATION				
Train Numbers	-	159	365	373
Northbound (from SJ)	-	4:10	5:05	6:05
Train Numbers	-	362	270	276
Southbound (from SF)	-	4:25	5:14	5:56
SHUTTLE DEPARTS MILLBRAE STATION				
Shuttle Departs BART Station	-	4:32	5:22	6:13
SHUTTLE DEPARTS EMPLOYERS				
Bridgepointe Circle & Bridgepointe Parkway	-	4:49	5:39	6:30
300-310 Lakeside Drive	4:05	4:52	5:42	6:33
353 Lakeside Drive	4:07	4:54	5:44	6:35
1163 Chess Drive	4:11	4:58	5:48	6:39
1111-1133 Chess Drive	4:12	4:59	5:49	6:40
200 Lincoln Centre	4:14	5:01	5:51	6:42
400 Lincoln Centre	4:15	5:02	5:52	6:43
4000-4100 E. Third Avenue	4:17	5:04	5:54	6:45
SHUTTLE ARRIVES MILLBRAE STATION				
Shuttle Arrives BART Station	4:32	5:19	6:09	7:00
CALTRAIN DEPARTS MILLBRAE STATION				
Train Numbers	261	369	379	383
Northbound (from SJ)	4:43	5:25	6:25	7:05
Train Numbers	368	372	280	288
Southbound (from SF)	4:49	5:30	6:14	7:14
BART ARRIVES MILLBRAE STATION				
Dublin/Pleasanton Fremont Pittsburg/Bay Point Richmond			Transfer from a Richmond Train Transfer from a Richmond Train Transfer from a Richmond Train	7:07 - -
	4:48	5:33	6:18	-

Millbrae BART/Caltrain Station: Shuttle stop #2—East side of station, the last bus cut out, next to the parking structure.